



- | | | | | | |
|--------------------------------|----|-----------------------------|----|--------------------------------|-----|
| ① Treadmill | ×5 | ⑩ TH9919 Leg Press | ×1 | ⑬ TH9943 Olympic Incline Bench | ×1 |
| ② Elliptical Crosstrainer | ×3 | ⑪ TH9900 5 Stack Jungle Gym | ×1 | ⑭ PT6746D 45° Leg Press | ×1 |
| ③ Upright Bike | ×2 | ⑫ TH9918 Ab / Low Back | ×1 | ⑮ PT6746S Hack Squat | ×1 |
| ④ Recumbent Bike | ×2 | ⑬ TH9947 Smith Machine | ×1 | ⑯ Spinning Bike | ×11 |
| ⑤ TH9923 Chest Press | ×1 | ⑭ TH9942 Olympic Flat Bench | ×2 | ⑰ TH9953 Multi-purpose Bench | ×3 |
| ⑥ TH9913 Shoulder Press | ×1 | ⑮ TH9941 Arm Curl | ×1 | ⑱ TH9928 Assisted Chin / Dip | ×1 |
| ⑦ TH9911 Bicep Curl | ×1 | ⑯ TH9952 Adj. Sit Up Bench | ×1 | ⑳ TH9921 Seated Leg Curl | ×1 |
| ⑧ TH9910G Pec Deck / Rear Delt | ×1 | ⑰ TH9945 Seated Calf | ×1 | ㉑ TH9929 Rotary Torso | ×1 |
| ⑨ TH9917 Leg Extension | ×1 | ⑲ PT6642 Power Rack | ×1 | ㉒ TH9927 Inner / Outer Thigh | ×1 |
| | | | | ㉓ TH9944 Olympic Decline Bench | ×1 |